



HS Eligibility

SC High School League*



- A student who becomes 19 years old prior to July 1 will not be eligible to compete in any athletic activities during the upcoming school year.
- A student, while participating, must be a full-time student as determined by guidelines set forth by the State Department of Education.
- A student who is repeating a course for which he has previously received credit cannot count this course as one required for eligibility.
- To participate in interscholastic athletic activities, students in grades 9-12 must achieve an overall passing average in addition to the following:
 - A student must pass a minimum of five Carnegie units the previous year.
 - At least two units must have been passed during the second semester or summer school.
- To be eligible during the second semester the student must meet one of the following conditions:
 - If the student met first semester eligibility requirements then he or she must pass the equivalent of two, units during the first semester.
 - If the student did not meet first semester eligibility requirements then he or she must pass the equivalent of 2.5 units during the first semester.



NCAA Initial Eligibility**



- Be registered with NCAA – junior year.
– \$80 Fee. Some Waivers Apply.
- 16 Core Credits.
- Meet SAT/ACT Sliding Scale.
- **Be accepted into school of choice.**

[http://fs.ncaa.org/Docs/eligibility_center/Quick Reference Sheet.pdf](http://fs.ncaa.org/Docs/eligibility_center/Quick_Reference_Sheet.pdf)



NCAA

Initial Eligibility**



Division I – 16 Core Credits

- 4 credits of English.
- 3 credits of mathematics
(Algebra I or higher.)
- 2 credits of natural/physical
science (1 year of lab.)
- 1 additional credit of English,
mathematics or
natural/physical science.
- 2 credits of social science.
- 4 additional credits (from any area
above, foreign language or
comparative
religion/philosophy).

Division II – 16 Core Credits

- 3 credits of English.
- 2 credits of mathematics
(Algebra I or higher.)
- 2 credits of natural/physical
science (1 year of lab.)
- 3 additional credit of English,
mathematics or
natural/physical science.
- 2 credits of social science.
- 4 additional credits (from any area
above, foreign language or
comparative
religion/philosophy).



NCAA Initial Eligibility**



- Honors classes receive extra 0.5 credit. A = 4.5
 - AP Classes receive and extra 1.0 credit. A = 5.0
 - SAT / ACT
 - 1st Attempt: At the completion of Algebra II.
 - Junior Year: At least once in fall and twice in spring.
 - Senior Year: As many times as possible.
- ***Must meet NCAA and the University / College Requirements. Each University / College is different.**



Recruiting Methods



Create Relationships: Coaches, Media and Recruiting Organizations

- Contact the recruiting coaches by Twitter, Snapchat, Text, Email, Phone Calls, etc in line with recruiting rules.
- Visit prospective schools and attend clinics and camps.
- Honesty is paramount.
- Ask Questions.
- Know the University / College entrance requirements.

Be Prepared:

- Calculate and know Overall and Core GPAs.
- Have taken the SAT or ACT and know your test scores.
- Be active in strength, speed and agility training.
- Participate in Multiple Sports / Extra Curricular Activities.
- Practice Appropriate Facebook, Instagram, Twitter Etiquete, Ring Back Tones, Dress, Conversation, Posture, Etc.



Recruiting Methods



Prepare Player Profiles / Information:

- Highlights / Hudl
- 48H Forms
- Prospect Forms for Coaches and Media
- Accolade Information

Exposure: Can't get too much positive exposure.

- Camps: Be selective. Bang for your buck. Ask for pro-rated deals.
- Clinics: Demonstrate.
- 7 on 7
- Other Sports / Strength Meets
- Be selective of posted internet times and measurements. Once its out there, its out there.



Sited Information



*SCHSL

<http://www.schsl.org/2012Forms/Constitution12-13.pdf>

**NCAA

http://web1.ncaa.org/ECWR2/NCAA_EMS/NCAA_EMS.html#

[http://fs.ncaa.org/Docs/eligibility_center/Student Resources/Registration Checklist.pdf](http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/Registration_Checklist.pdf)

[http://fs.ncaa.org/Docs/eligibility_center/Quick Reference Sheet.pdf](http://fs.ncaa.org/Docs/eligibility_center/Quick_Reference_Sheet.pdf)

[http://fs.ncaa.org/Docs/eligibility_center/DI and DII Worksheet.pdf](http://fs.ncaa.org/Docs/eligibility_center/DI_and_DII_Worksheet.pdf)